

STINT International Postdoc

The aim of the STINT International Postdoc programme is to strengthen Swedish research and higher education by giving researchers that have recently defended their PhDs the opportunity to work on a research project as a postdoctoral researcher at a host institution abroad.

The postdoc is offered the chance to experience a new scientific environment, become more independent and start building an international network of their own. The programme supports projects of high scientific quality which are clearly contributing to the development of the individual researcher.

Eligibility

The applicant must have defended their PhD at a Swedish university no more than two years before the deadline of the call. Alternatively, the applicant will defend their PhD within a year from the deadline of the call.

Parental leave, long-term sick leave, military duty service or medical internship (AT) or residency (ST) for clinical purposes are acceptable reasons to request an exception from the two-year rule. A request for such an exception must be included in the application where noted and will be subject to control at STINT's discretion.

STINT's postdoctoral stipends are intended for new visits and cannot be used to extend a postdoctoral visit abroad that has already been initiated before the application deadline.

Host

The host institution for the postdoctoral project must be situated outside the EU/EFTA including Great Britain. The project should offer a new experience for the applicant and the host institution cannot be situated in a country from which the applicant has a previous academic degree and/or citizenship.

The postdoc must be formally invited as a postdoc by the academic host at the institution abroad. Include a signed invitation letter on letterhead in the application as specified.

The final version of the proposed postdoctoral project must have been read and approved by the academic host.

Time period

The stipend is for a postdoctoral project of at least one year length. The project should start in the year after the call closes, no earlier than July 1st. The time period spent abroad must be cohesive and cannot be divided into smaller parts.



Funding

STINT International Postdoc is a stipend for SEK 1 000 000. For scholarship holders that travels with family a contribution of SEK 100 000 per family member is added. Up to two such accompanying family contributions are allowed, for a maximum stipend amount of SEK 1,2 million. Family contributions for children only applies to children under the age of 18 when starting the postdoctoral visit abroad.

The STINT International Postdoc stipend is paid out to the private account of the scholarship holder in a Swedish bank only.

Other financiers

If the application concerns a project for which the applicant have applied for and/or received funding from other sources, this must be specified in the application where requested. STINT reserves the right to decide to what extent our funding can be combined with that from other sources.

Application

Applications are submitted through STINT's electronic application system. Please refer to the application guide for detailed information on how to fill in the specific fields of form.

The main document of the application is a project description submitted as a PDF. This document should describe the purpose, theory, method, time plan and expected results of the proposed postdoctoral project. It should furthermore cover the scientific significance and potential of the proposed research, the state-of-the-art in the field, the choice of host and institutional environment, preliminary and previous results of the postdoctoral candidate's work and considerations with regards to responsible internationalisation.

Applicants can submit no more than one application to the current call.

Deadline

All applications are to be submitted to STINT before 15:00 (CEST) on September 12th, 2025.

Review

The selection of projects is guided by the following criteria.

A. Scientific quality

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| <ul style="list-style-type: none">• What is the scientific significance and potential of the project in the short- and long term? |
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- How does the project describe the state-of-the-art and connect to previous research in the field?
- How does project renew or develop the forefront of research in the field?
- What are the preliminary and previous results of the postdoctoral candidate's research?
- To what extent does the proposed project constitute an independent line of research?

B. Project planning and quality

- Is the project plan clear, specific, and realistic?
- Is the project design cost efficient with a minimized negative impact on the environment?
- Is the proposed project ethically sound?
- Is the necessary scientific infrastructure and/or equipment available for the project?
- Is the choice of host institution relevant for developing the competencies, networks and future prospects of the postdoctoral candidate?
- In what way does the postdoctoral project contribute to the internationalization of Swedish research?

Timetable

2025

June	Application system opens
September 12th 15:00	Deadline for applications

2026

January	Results communicated by STINT
Spring	Upstart seminar in Stockholm
July 1st	Postdoctoral projects can start

Seminars

STINT will invite scholarship holders to program seminars. These can be held before, during and after a postdoctoral visit. The seminars will offer scholarship holders a chance to receive practical information, exchange experiences, learn from invited speakers, participate in site visits, network and discuss future opportunities.

Reporting

A final report detailing results and experiences from the postdoctoral project is to be submitted in accordance with the reporting deadline on the contract issued. Reports are submitted in the application system.

If the postdoctoral project is extended, the reporting deadline can be extended accordingly after contact with STINT.



Conditions checklist

- The applicant has defended their PhD at a Swedish university no more than two years before the deadline of the call (alternatively, the applicant will defend their PhD within a year from the deadline of the call).
- The host institution for the postdoctoral project is situated outside the EU/EFTA including Great Britain.
- The host institution is not situated in a country from which the applicant has a previous academic degree and/or citizenship.
- The postdoctoral project is of at least one year length, to be spent continuously abroad. An interrupted stay entails a refund obligation. Scholarship holders are responsible for ensuring that the awarded amount will cover their expenses for the full period.
- Considerations with regards to responsible internationalization, including ethical and environmental dimensions, are addressed in the project description as per the instructions in the call text.
- The postdoctoral project will be conducted in accordance with the principles of academic freedom and good research practice. Methods, data and results will be openly accounted for. The project has been approved by relevant entities at the host institution.

Contact

If you have questions about STINT International Postdoc in Sweden, please contact the programme manager Mattias Löwhagen at mattias.lowhagen@stint.se.